

Preliminary PROGRAM

THE HAND & WRIST COURSE 2019

Treatment of degenerative hand and wrist joints, and some sport injuries

Monday, July 1st 2019

08.30 Registration (Yellow lecture hall)

Part 1: Treatment of the degenerative finger joints

09.00 Opening and welcome

09.05 PIP and MCP arthroplasty

09.25 Fusion of PIP and DIP joints, denervation PIP point

09.40 Hemi-hamate arthroplasty PIP joint

09.55 Thumb soft tissue lesions, sport related lesions (UCL, pulley, CMC-1 ligaments, EPL)

10.15 Coffee break

10.30 HANDS-ON session I (*each participant makes is own choose from*)

PIP arthroplasty (dorsal and volar approach), MCP arthroplasty,

Hemi-hamate arthroplasty, DIP/PIP fusion, denervation PIP;

Reconstruction UCL thumb, pulley reconstruction, EIP to EPL, Eaton-Littler CMC-1

12.15 Lunch

Part 2: Treatment of degenerative radiocarpal and distal radio-ulnar joint

13.00 Partial wrist arthrodesis (LCTH, LC, SC, RSL)

13.20 Proximal row carpectomy (including resurfacing of capitate)

13:35 Wrist prosthesis (total and hemi-wrist prosthesis)

13:55 Distal radio-ulnar joint replacement (hemi and total)

14.15 Ulnar wrist soft tissue lesion, except TFCC: (ECU subluxation, LT lesion, PT instability)

14.35 Tea break

14.50 HANDS-ON session II (*each participant makes is own choose from*)

Partial wrist arthrodesis (LCTH, LC, SC, RSL: screws/plates)

Proximal row carpectomy with resurfacing (RCPI) of capitate

Distal radio-ulnar Scheker prosthesis, Ulnar head prosthesis

Wrist prosthesis of different types

ECU stabilization, LT reconstruction, Pisiformectomy,

17.30 Evaluation (panel discussion)

18:00 Closing remarks and drinks

Preliminary Faculty

Prof. Henk Coert, MD, PhD : *plastic surgeon, Utrecht*

Ruud Deijkers, MD, PhD : *orthopaedic surgeon, The Hague*

Carlos Heras-Palau, FRCS : *orthopaedic surgeon, Derby, UK*

Zulfi Rahimtoola, MD, PhD : *orthopaedic surgeon, Berkshire-Oxford, UK*

Plus another faculty member TBD (To Be Determined)